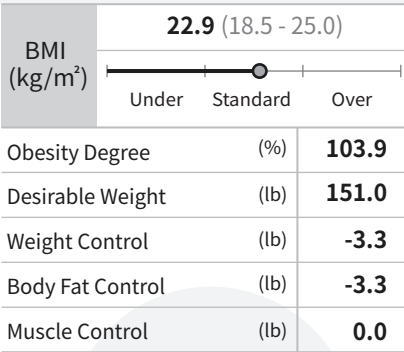
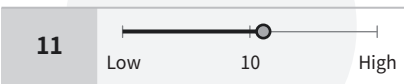


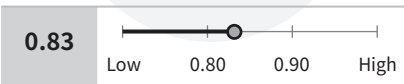
Weight Control



Visceral Fat Grade



Abdominal Fat Ratio



Mediana Score

98

Segmental Mass (lb)

LA	RA	TR	LL	RL
7.9	7.9	75.0	24.7	24.9

Intake & Consumed Calories

BMR (kcal)	1623
Total Energy Expenditure (kcal)	2434
*Calorie Consumption (kcal/h)	490
*Expected Fat Burning (lb)	-2.4

* Based on Jogging (1hour/day, 4weeks)

Calorie Consumption

	kcal / 30min *By Current Weight	
Gateball	116	Swimming 245
Walking	123	Aerobics 256
Yoga	140	Tennis 256
Table tennis	140	Bicycle 263
Golf	168	Football 280
Badminton	193	Climb 280
Basketball	228	Rope Jumping 308
Jogging	245	Boxing 361

Impedance

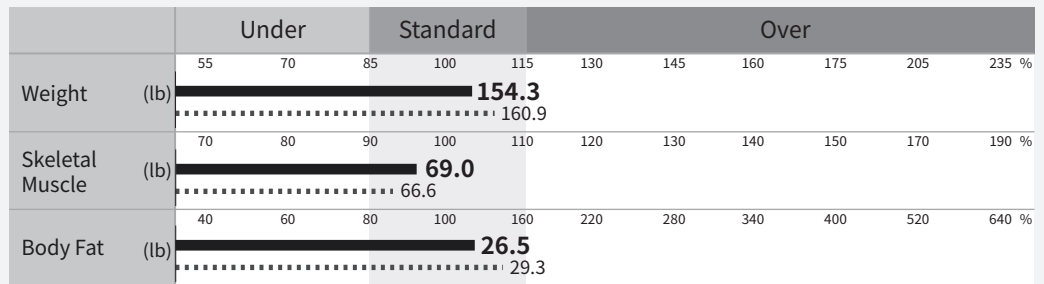
kHz	LA	RA	TR	LL	RL
10	321.4	321.5	27.4	246.4	257.5
50	280.7	282.8	22.4	218.3	227.7
100	272.3	272.7	20.5	208.7	209.1



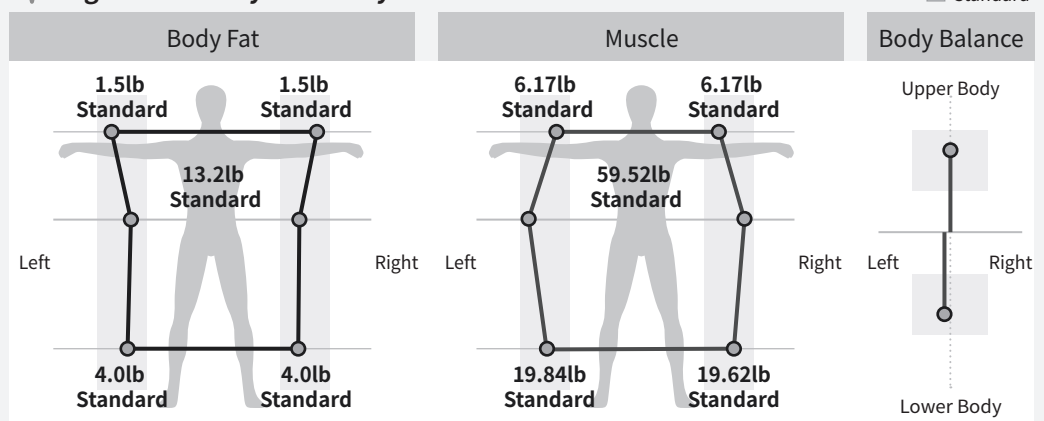
Body Composition Analysis

	Total Body Water (lb)	Protein (lb)	Mineral (lb)	Body Fat (lb)
Values (Standard)	100.8 (77.8 - 104.9)	20.9 (20.9 - 28.4)	6.17 (7.43 - 10.05)	26.5 (14.8 - 29.8)
Total Body Water (lb)	100.8 (77.8 - 104.9)			
Muscle Mass (lb)	123.0 (123.2 - 126.3)			
	Skeletal Muscle : 69.0 (64.2 - 78.5)			
Fat Free Mass (lb)	127.8 (118.8 - 133.6)			
Weight (lb)				154.3 (125.0 - 168.9)

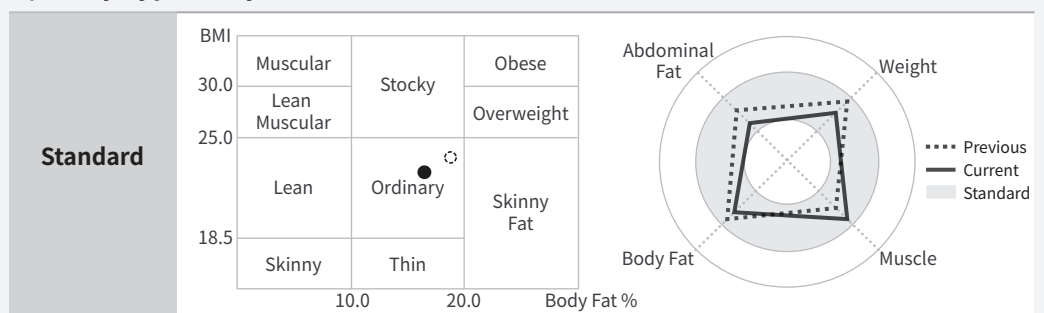
Skeletal Muscle & Body Fat Analysis



Segmental Analysis & Body Balance



Body Type Analysis



Body Composition History

